



HOPEFitness NASSAU

Teen Zone

Giving Teens with Disabilities the Time of Their Lives!

Fitness, Socialization, Dancing, Games and More...

Tuesdays 4:30pm – 6:00pm

2750 N. Jerusalem Rd, North Bellmore, NY 11710



Space is Limited MUST RSVP to
Info@HOPEFitness.org or call **1(877) 396-HOPE (4673)**
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HOPEFitness
Making Fitness Accessible for ALL Abilities
www.HOPEFitness.org