



2017 Schedule

Tuesdays 4:30pm – 6:00pm | 2750 N. Jerusalem Rd, North Bellmore, NY 11710

May - 16, 23, 30

June - 6, 13, 20, 27

July - 11, 18, 25

Aug - 1, 8, 15, 22, 29



Info@HOPEFitness.org or call 1(877) 396-HOPE (4673)
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