

HOPEFitness

Making Fitness Accessible for ALL Abilities

IT'S FUN
IT'S FITNESS
IT'S DANCING!

FIRST
CLASS
FREE

Dance Classes

Thursdays
7pm - 7:45pm

- "Spice Up" Your Workout & Have Fun!
- Safe & Comfortable Atmosphere
- Learn various basic dance routines each week while having **FUN!**

HOPEFitness Suffolk

170 Wilbur Place,
Bohemia, NY 11716

ALL Levels & Ages Welcome!
\$35.00 per class

Please RSVP to info@HOPEFitness or call
1 (877) 396-HOPE (4673) | www.HOPEFitness.org

