Open to the Public



HOPEFitness Multi-Sports Program



All Ages and Levels Welcome

- ► Enhance Basic Athletic Skills ► Gain Confidence & Self-Esteem
 - ► Strengthen Motor Skills ► Improve Coordination & Balance
 - ► Build Social Skills ► Learn Sportsmanship

Participants will enjoy a variety of age-appropriate sports such as soccer, basketball, T-ball & more.

\$40.00 Per Class





